

December 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Quesadillas made with whole grain tortillas filled with apples and cinnamon	2 Quesadillas made with whole grain tortillas filled with apples and cinnamon	3
4	5 Mini whole grain bagel wreath with fruit	6 Gingerbread waffle with fruit	7 Gingerbread waffle with fruit	8 Rudolph faces made of graham crackers with fruit	9 Rudolph faces made of graham crackers with fruit	10
11	12 Whole grain Pita Christmas tree fruit and Vegetables	13 Santa crackers made with whole grain crackers and cheese.	14 Santa crackers made with whole grain crackers and cheese	15 Reindeer Chow made with shredded wheat cereal served with cheese	16 Reindeer Chow made with shredded wheat cereal served with cheese	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31