

September 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5 String Cheese and Whole grain Crackers	6 String Cheese and Whole Grain Crackers	7
8	9 Assorted whole grain crackers and fruit	10 Yogurt, carrots and whole grain crackers	11 Yogurt, carrots and whole grain crackers	12 Red and Green Apples with Whole grain crackers	13 Red and Green Apples with Whole grain crackers	14
15	16 Ants on a log: Craisins on a celery log with whole grain crackers	17 Flies (raisins) in the pudding and whole grain crackers	18 Flies (raisins) in the pudding and whole grain crackers	19 Worms (whole grain spaghetti) with fresh fruit	20 Worms (whole grain spaghetti) with fresh fruit	21
22	23 Whole grain cereal with milk	24 Ladybug Rice cake with fresh fruit	25 Ladybug Rice cake with fresh fruit	26 Spider web made with whole grain crackers, cheese and served with fruit	27 Spider web made with whole grain crackers, cheese and served with fruit	28
29	30 Orange Whip made with orange juice, yogurt, and whole grain crackers					